

Latvijas Čempionāta nūjošanā 3. posms
Iešanas sacensības 2. posms
Aglona, 2025
Rezultāti

Rank	Bib	Name	Year	Club	City	Time	Gap
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VN10 21 km (5 km x 4)

1	107	VILIPSONS Renāts	2008	Nūjot Prieks	Bērzkalne	2h31:06.8	
2	148	MIEZĪTIS Gundars	1987	Samuraji	rīga	2h32:54.3	1:47.5
3	103	LASTOVSKIS Romans	1989	Slow Mobius Racing Club	Rīga	2h48:54.2	17:47.4

SN20 21 km (5 km x 4)

1	109	RIBUŠA Zoja	1981	Nūjot Prieks	Alūksne	2h35:28.0	
2	134	GAREJEVA Violeta	1985	Samuraji	Rīga	2h49:30.1	14:02.1
3	171	FILA-ROŽE Renāte	1971	Slēpes meklējot	Zaļenieki	2h51:32.3	16:04.3

VN20 21 km (5 km x 4)

1	172	ROŽIS Kaspars	1982	Slēpes meklējot	Zaļenieki	2h28:48.1	
2	132	KONIŠEVŠ Juris	1979	VK Lielaisciems	Tukums	2h36:16.4	7:28.3
3	128	REINHOLDS Leonids	1983	Samuraji	Rīga	2h36:57.0	8:08.9

VN30 21 km (5 km x 4)

1	119	SUPE Inārs	1963	Nūjot Prieks	Balvi	2h38:04.1	
2	116	AZAREVICS Aleksandrs	1955	Rīga	rīga	2h49:52.3	11:48.2

SI30 21 km (5 km x 4)

1	187	SPRUKULE Irina	1962		Rīga	3h22:22.6	
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SN1 10 km (5 km x 2)

1	141	MEIRULE Laila	1997	Aglona	Aglona	1h13:56.1	
2	142	SEROVA Indra	1988	Aglona	Aglona	1h15:46.1	1:50.0
3	203	ARMANE Agate	1991	Slapjie kaķīši	Lapmežciems	1h23:18.2	9:22.1
4	115	MOZULE Madara	2000	Nūjot Prieks	Balvi	1h27:26.0	13:29.9

VN1 10 km (5 km x 2)

1	175	TRIMALNIEKS Aldis	1986	Aglona	Aglona	1h11:48.5	
2	202	VERDENS Kaspars	1987	Slapjie kaķīši	Lapmežciems	1h23:18.3	11:29.8



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SN2 10 km (5 km x 2)

1	200	KRISTAPURA-NĪMANE Inta	1974	Samuraji		1h10:50.9	
2	146	JURĶE Ramona	1972	Aglona	Aglona	1h21:01.6	10:10.7
3	111	VĒJA - ĀBOLIŅA Astrīda	1967	Nūjot Prieks	Balvi	1h21:05.3	10:14.4
4	104	AUZIŅA Svetlana	1974	Biedrība Holista	Jēkabpils	1h21:06.9	10:16.0
5	100	MEŽNIECE Ilze	1979	Aglona	Aglona	1h26:52.1	16:01.2
6	147	DĪRIŅA Santa	1970		Ropažu nov.	1h31:30.2	20:39.3
7	154	GRIETIŅA Ingrīda	1966	Vāzroj vasals Rēzeknī!	Rēzekne	1h34:17.9	23:27.0

VN2 10 km (5 km x 2)

1	162	NĪMANIS Edvīns	1971	Samuraji	Olaine	1h12:40.2	
2	125	VASILJEVS Guntars	1981		Madonas novads	1h14:34.3	1:54.1
3	173	LESKOVIČS Gatis	1980			1h18:58.0	6:17.8
4	176	GOLOVAC Deniss	1981		Daugavpils	1h22:30.2	9:50.0

SN3 10 km (5 km x 2)

1	136	PRODNECE Digna	1962	Preiļi	Preiļi	1h23:11.2	
2	160	DĪCE Ruta	1959	Gausā Jūdze	Klapkalnciems	1h25:47.1	2:35.9
3	156	SVILĀNE-DŪDA Valentīna	1964	Vāzroj vasals Rēzeknī!	Rēzekne	1h27:19.8	4:08.6
4	168	BEĻAKOVA Ligita	1964	Vāzroj vasals Rēzeknī!	Rēzekne	1h29:34.6	6:23.4

VN3 10 km (5 km x 2)

1	159	DĪCIS Uldis	1960	Gausā Jūdze	Klapkalnciems	1h08:24.1	
2	118	CIRCENS Janis	1960	Nūjot Prieks	Vilaka	1h12:25.4	4:01.3
3	133	ŽUGRIS Aivars	1961	Preiļi	Preiļi	1h14:15.5	5:51.4
4	140	VECENĀNS Arnis	1963		Rīga	1h18:17.0	9:52.9

SN4 10 km (5 km x 2)

1	129	ŠIRVE Dzidra	1949	Aglona	Madona	1h23:10.1	
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VN4 10 km (5 km x 2)

1	122	PUŠŅAKOVS Feoktists	1952	Aglona	Aglona	1h08:32.9	
2	170	APŠENIEKS Ēriks	1953	Nūjot Prieks	Balvi	1h19:49.6	11:16.7
3	183	JUKĀMS Ēriks	1955		Valkas novads	1h21:37.3	13:04.4

VI1 10 km (5 km x 2)

1	205	MEIRULIS Lauris	1998	Aglona	Aglona	1h10:05.7	
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Rank	Bib	Name	Year	Club	City	Time	Gap
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SI2 10 km (5 km x 2)

1	181	VOICESČUKA Iveta	1967		Salacgrīva	1h23:53.7	
2	193	JAUDZEMA Larisa	1977		Rēzekne	1h27:20.5	3:26.8

VI2 10 km (5 km x 2)

1	180	VOICESČUKS Aigars	1969		Salacgrīva	1h23:53.5	
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SI0 5 km

1	177	IVANOVA Žanna	1970		Balvi	35:49.1	
2	198	KALĀNE Lolita	1977	Aglona	Aglona	39:46.1	3:57.0
3	179	ANDREJEVA Ilona	1969		JŪRMALA	40:59.2	5:10.1
4	195	DŪDELĪTE Ilva	1970		Koknese	42:44.5	6:55.4
5	178	MOZULE Sandra	1972		Balvi	43:04.2	7:15.1
6	191	GADŽIJEVA Jekaterina	1988		Rīga	43:31.5	7:42.4
7	196	JONINA-GOLOVAČA Jana	1986		Daugavpils	44:56.5	9:07.4
8	204	MADELĀNE Lelde	2016	Aglona	Aglona	45:37.0	9:47.9
9	197	LAMBERTE Ineta	1975	Aglona	Aglona	45:40.4	9:51.3
10	189	VEITMANE Dita	1972		Rīga	48:17.9	12:28.8

Did Not Start (1)

	182	KĀRKLINIECE Tatjana	1974		Rēzekne		
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SN0 5 km

1	108	OZOLA Inta	1971	Nūjot Prieks	Balvi	37:29.0	
2	106	GUZENKO Natālija	1976	Daugavpils	Daugavpils	37:50.2	21.2
3	121	KALNIŅA Sanita	1979	Nūjot Prieks	Gulbene	39:23.0	1:54.0
4	144	ČIPĀNE Jeļena	1976	Samuraji	Rīga	40:20.0	2:51.0
5	165	GOBIŅA Iluta	1975	Rīga	Rīga	40:44.8	3:15.8
6	161	BORKLIŠČA Ingūna	1963	Aglona	Aglona	41:09.0	3:40.0
7	130	SLADKOJEDOVA Svetlana	1968	Win Win Team	Rīga	41:33.2	4:04.2
8	110	VILIPSONE-GORBĀNE Jolanta	1973	Nūjot Prieks	Bērzkalne, Balvu novads	41:42.3	4:13.3
9	131	SKUTELE Linda	1979	Aglona	Preiļi	42:05.4	4:36.4
10	145	ONDZULE-PAULIŅA Agnese	1992	Win Win Team	Rīga	42:08.5	4:39.5
11	139	JACEVIČA Katerīna	1987	Win Win team	Rīga	42:17.1	4:48.1
12	143	KUCINSKA Anastasija	1983	WIN WIN TEAM	Rīga	44:31.5	7:02.5
13	153	ŠČERBAKOVA Inga	1977	Vāzāj vasals Rēzeknī!	Rēzekne	45:10.3	7:41.3
14	101	BALTĀ Ligita	1969	Nūjot Prieks	Balvi	45:35.1	8:06.1
15	102	SOKOLOVA Inna	1967		Jēkabpils	45:54.1	8:25.1
16	127	GALIŅA Ruta	1970		Saldus	46:39.1	9:10.1
17	137	GOROVAJA Aleksandra	1989	Win Win Team	Rīga	47:14.7	9:45.7
18	155	POKULE Inta	1977	Vāzāj vasals Rēzeknī!	Rēzekne	48:54.3	11:25.3
19	126	LIEPA Maija	1966		Mārupe	49:39.9	12:10.9



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VN0 5 km

1	105	GUZENKO Viktors	1966	Daugavpils	Daugavpils	35:39.7	
2	138	JACEVIČS Igors	1989	Win Win Team	Rīga	37:53.8	2:14.1
3	158	OZOLS Intars	1980	Nūjot Prieks	Balvi	38:46.6	3:06.9
4	163	GROZA Valdis	1962	Mežmalas	Lubāna	41:03.4	5:23.7

SN065 5 km

1	149	AIZUPIETE Anna	1959	Vāzroj vasals Rēzeknī!	Rēzekne	41:13.6	
2	113	BABĀNE Lūcija	1953		Rīga	44:19.2	3:05.6
3	166	SVILĀNE Marija	1959	Vāzroj vasals Rēzeknī!	Rēzekne	44:43.2	3:29.6
4	123	PUŠŅAKOVA Monika	1955	Aglona	Aglona	45:10.4	3:56.8
5	114	PINKOVSKA Mudīte	1959		Rīga	45:49.6	4:36.0
6	164	SEMJONOVA Astrīda	1954	Mežmalas	Lubāna	45:51.0	4:37.4
7	167	FROLOVA Janīna	1949	Vāzroj vasals Rēzeknī!	Rēzekne	46:49.8	5:36.2
8	152	ŠĶIRMANTE Zelma	1951	Vāzroj vasals Rēzeknī!	Rēzekne	46:54.8	5:41.2
9	151	IKAUNIEKS Irēna	1951	Vāzroj vasals Rēzeknī!	Rēzekne	50:46.7	9:33.1
10	150	BALŠEVICA Valentīna	1949	Vāzroj vasals Rēzeknī!	Rēzekne	54:17.4	13:03.8
11	157	VASIĻEVSKA Lūcija	1946	Vāzroj vasals Rēzeknī!	Rēzekne	54:17.5	13:03.9

VN065 5 km

1	135	VALDONIS Leonīds	1959	Preiļi	Preiļi	35:40.5	
2	117	SUPE Janis	1951	Nūjot Prieks	Gulbene	42:45.3	7:04.8
3	112	JIRGENS Dainis	1952		Rīga	49:38.6	13:58.1

SN0JUN 5 km

1	169	IVANOVSKA Diāna	2011		Aglona	39:36.5	
2	120	MEŽNIECE Astra	2014	Aglona	Aglona	43:03.4	3:26.9

VI0 5 km

1	124	REPŠA Daniels	2010			34:25.0	
2	184	REPŠA Ilmārs	1981			36:44.3	2:19.3
3	185	SEROVS Timurs	2013		Aglona	38:32.2	4:07.2
4	174	REPŠA Deivids	2014			38:32.3	4:07.3
5	192	KALĀNS Karels	2010		Aglona	39:26.5	5:01.5
6	199	CERIŅŠ Mihaels	2010	Aglona	Aglona	39:43.1	5:18.1
7	186	SEROVS Tomass	2015		Aglona	42:22.7	7:57.7
8	188	REUNOVŠ Jevgenijs	1986		Rīga	42:56.9	8:31.9
9	201	LAMBERTS Kaspars	1972	Aglona	Aglona	45:37.2	11:12.2
10	190	VEITMANIS Juris	2009		Rīga	49:28.5	15:03.5



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Did Not Start (1)

194	BALTRIS Aigars	1970			Madona		
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Latvijas Čempionāta nūjošanā 3. posms
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Aglona, 2025
Inter times

Rank	Bib	Name	Inter 1 (Rank)	Inter 2 (Rank)	Inter 3 (Rank)	Time	Gap
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VN10 21 km (5 km x 4)

1	107	VILIPSONS Renāts	37:07.8 (1)	1h14:45.8 (1)	1h52:11.6 (1)	2h31:06.8	
2	148	MIEŽĪTIS Gundars	38:09.2 (2)	1h15:55.2 (2)	1h53:39.4 (2)	2h32:54.3	1:47.5
3	103	LASTOVSKIS Romans	40:44.1 (3)	1h23:13.9 (3)	2h05:27.6 (3)	2h48:54.2	17:47.4

SN20 21 km (5 km x 4)

1	109	RIBUŠA Zoja	37:11.5 (1)	1h14:47.2 (1)	1h53:09.6 (1)	2h35:28.0	
2	134	GAREJEVA Violeta	39:54.7 (2)	1h22:06.6 (2)	2h06:03.8 (2)	2h49:30.1	14:02.1
3	171	FILA-ROŽE Renāte	41:25.7 (3)	1h24:02.6 (3)	2h07:19.3 (3)	2h51:32.3	16:04.3

VN20 21 km (5 km x 4)

1	172	ROŽIS Kaspars	35:15.2 (1)	1h12:30.9 (1)	1h50:15.8 (1)	2h28:48.1	
2	132	KONIŠEVS Juris	37:12.2 (3)	1h14:48.1 (3)	1h54:09.7 (2)	2h36:16.4	7:28.3
3	128	REINHOLDS Leonids	35:41.8 (2)	1h13:50.9 (2)	1h55:41.3 (3)	2h36:57.0	8:08.9

VN30 21 km (5 km x 4)

1	119	SUPE Inārs	38:47.7 (1)	1h18:30.7 (1)	1h57:34.1 (1)	2h38:04.1	
2	116	AZAREVICS Aleksandrs	41:06.7 (2)	1h23:42.6 (2)	2h06:42.9 (2)	2h49:52.3	11:48.2

SI30 21 km (5 km x 4)

1	187	SPRUKULE Irina	47:13.3 (1)	1h37:20.9 (1)	2h28:54.9 (1)	3h22:22.6	
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Latvijas Čempionāta nūjošanā 3. posms

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Inter times

Rank	Bib	Name	Inter 1 (Rank)	Time	Gap
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SN1 10 km (5 km x 2)

1	141	MEIRULE Laila	36:13.0 (1)	1h13:56.1	
2	142	SEROVA Indra	37:01.6 (2)	1h15:46.1	1:50.0
3	203	ARMANE Agate	40:32.2 (3)	1h23:18.2	9:22.1
4	115	MOZULE Madara	41:45.5 (4)	1h27:26.0	13:29.9

VN1 10 km (5 km x 2)

1	175	TRIMALNIEKS Aldis	34:37.6 (1)	1h11:48.5	
2	202	VERDENS Kaspars	40:32.1 (2)	1h23:18.3	11:29.8

SN2 10 km (5 km x 2)

1	200	KRISTAPURA-NĪMANE Inta	34:36.6 (1)	1h10:50.9	
2	146	JURĶE Ramona	39:42.4 (2)	1h21:01.6	10:10.7
3	111	VĒJA - ĀBOLIŅA Astrīda	39:50.7 (3)	1h21:05.3	10:14.4
4	104	AUZIŅA Svetlana	40:26.9 (4)	1h21:06.9	10:16.0
5	100	MEŽNIECE Ilze	42:43.7 (5)	1h26:52.1	16:01.2
6	147	DĪRIŅA Santa	44:12.6 (6)	1h31:30.2	20:39.3
7	154	GRIETIŅA Ingrīda	45:35.1 (7)	1h34:17.9	23:27.0

VN2 10 km (5 km x 2)

1	162	NĪMANIS Edvīns	35:23.4 (1)	1h12:40.2	
2	125	VASILJEVS Guntars	36:52.6 (2)	1h14:34.3	1:54.1
3	173	LESKOVIČS Gatis	39:20.8 (3)	1h18:58.0	6:17.8
4	176	GOLOVAC Deniss	40:18.3 (4)	1h22:30.2	9:50.0

SN3 10 km (5 km x 2)

1	136	PRODNIECE Digna	41:40.0 (2)	1h23:11.2	
2	160	DĪCE Ruta	41:17.3 (1)	1h25:47.1	2:35.9
3	156	SVILĀNE-DŪDA Valentīna	42:56.3 (3)	1h27:19.8	4:08.6
4	168	BEĻAKOVA Ligita	43:08.8 (4)	1h29:34.6	6:23.4

VN3 10 km (5 km x 2)

1	159	DĪCIS Uldis	33:34.9 (1)	1h08:24.1	
2	118	CIRCENS Janis	34:58.8 (2)	1h12:25.4	4:01.3
3	133	ŽUGRIS Aivars	36:11.4 (3)	1h14:15.5	5:51.4
4	140	VECENĀNS Arnis	38:10.2 (4)	1h18:17.0	9:52.9



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SN4 10 km (5 km x 2)

1	129	ŠIRVE Dzidra	40:58.4 (1)	1h23:10.1	
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VN4 10 km (5 km x 2)

1	122	PUŠŅAKOVŠ Feoktists	33:35.4 (1)	1h08:32.9	
2	170	APŠENIEKS Ēriks	39:43.2 (2)	1h19:49.6	11:16.7
3	183	JUKĀMS Ēriks	39:54.0 (3)	1h21:37.3	13:04.4

VI1 10 km (5 km x 2)

1	205	MEIRULIS Lauris	34:12.9 (1)	1h10:05.7	
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SI2 10 km (5 km x 2)

1	181	VOICESČUKA Iveta	41:07.9 (1)	1h23:53.7	
2	193	JAUDZEMA Larisa	42:58.7 (2)	1h27:20.5	3:26.8

VI2 10 km (5 km x 2)

1	180	VOICESČUKS Aigars	41:08.8 (1)	1h23:53.5	
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Sector times

Rank	Bib	Name	Sector 1 (Rank)	Sector 2 (Rank)	Sector 3 (Rank)	Sector 4 (Rank)	Time	Gap
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VN10 21 km (5 km x 4)

1	107	VILIPSONS Renāts	37:07.8 (1)	37:38.0 (1)	37:25.8 (1)	38:55.2 (1)	2h31:06.8	
2	148	MIEZĪTIS Gundars	38:09.2 (2)	37:46.0 (2)	37:44.2 (2)	39:14.9 (2)	2h32:54.3	1:47.5
3	103	LASTOVSKIS Romans	40:44.1 (3)	42:29.8 (3)	42:13.7 (3)	43:26.6 (3)	2h48:54.2	17:47.4

SN20 21 km (5 km x 4)

1	109	RIBUŠA Zoja	37:11.5 (1)	37:35.7 (1)	38:22.4 (1)	42:18.4 (1)	2h35:28.0	
2	134	GAREJEVA Violeta	39:54.7 (2)	42:11.9 (2)	43:57.2 (3)	43:26.3 (2)	2h49:30.1	14:02.1
3	171	FILA-ROŽE Renāte	41:25.7 (3)	42:36.9 (3)	43:16.7 (2)	44:13.0 (3)	2h51:32.3	16:04.3

VN20 21 km (5 km x 4)

1	172	ROŽIS Kaspars	35:15.2 (1)	37:15.7 (1)	37:44.9 (1)	38:32.3 (1)	2h28:48.1	
2	132	KONIŠEVS Juris	37:12.2 (3)	37:35.9 (2)	39:21.6 (2)	42:06.7 (3)	2h36:16.4	7:28.3
3	128	REINHOLDS Leonids	35:41.8 (2)	38:09.1 (3)	41:50.4 (3)	41:15.7 (2)	2h36:57.0	8:08.9

VN30 21 km (5 km x 4)

1	119	SUPE Inārs	38:47.7 (1)	39:43.0 (1)	39:03.4 (1)	40:30.0 (1)	2h38:04.1	
2	116	AZAREVICS Aleksandrs	41:06.7 (2)	42:35.9 (2)	43:00.3 (2)	43:09.4 (2)	2h49:52.3	11:48.2

SI30 21 km (5 km x 4)

1	187	SPRUKULE Irina	47:13.3 (1)	50:07.6 (1)	51:34.0 (1)	53:27.7 (1)	3h22:22.6	
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Rank	Bib	Name	Sector 1 (Rank)	Sector 2 (Rank)	Time	Gap
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SN1 10 km (5 km x 2)

1	141	MEIRULE Laila	36:13.0 (1)	37:43.1 (1)	1h13:56.1	
2	142	SEROVA Indra	37:01.6 (2)	38:44.5 (2)	1h15:46.1	1:50.0
3	203	ARMANE Agate	40:32.2 (3)	42:46.0 (3)	1h23:18.2	9:22.1
4	115	MOZULE Madara	41:45.5 (4)	45:40.5 (4)	1h27:26.0	13:29.9

VN1 10 km (5 km x 2)

1	175	TRIMALNIEKS Aldis	34:37.6 (1)	37:10.9 (1)	1h11:48.5	
2	202	VERDENS Kaspars	40:32.1 (2)	42:46.2 (2)	1h23:18.3	11:29.8

SN2 10 km (5 km x 2)

1	200	KRISTAPURA-NĪMANE Inta	34:36.6 (1)	36:14.3 (1)	1h10:50.9	
2	146	JURĶE Ramona	39:42.4 (2)	41:19.2 (4)	1h21:01.6	10:10.7
3	111	VĒJA - ĀBOLIŅA Astrīda	39:50.7 (3)	41:14.6 (3)	1h21:05.3	10:14.4
4	104	AUZIŅA Svetlana	40:26.9 (4)	40:40.0 (2)	1h21:06.9	10:16.0
5	100	MEŽNIECE Ilze	42:43.7 (5)	44:08.4 (5)	1h26:52.1	16:01.2
6	147	DĪRIŅA Santa	44:12.6 (6)	47:17.6 (6)	1h31:30.2	20:39.3
7	154	GRIETIŅA Ingrīda	45:35.1 (7)	48:42.8 (7)	1h34:17.9	23:27.0

VN2 10 km (5 km x 2)

1	162	NĪMANIS Edvīns	35:23.4 (1)	37:16.8 (1)	1h12:40.2	
2	125	VASILJEVS Guntars	36:52.6 (2)	37:41.7 (2)	1h14:34.3	1:54.1
3	173	LESKOVIČS Gatis	39:20.8 (3)	39:37.2 (3)	1h18:58.0	6:17.8
4	176	GOLOVAC Deniss	40:18.3 (4)	42:11.9 (4)	1h22:30.2	9:50.0

SN3 10 km (5 km x 2)

1	136	PRODNECE Digna	41:40.0 (2)	41:31.2 (1)	1h23:11.2	
2	160	DĪCE Ruta	41:17.3 (1)	44:29.8 (3)	1h25:47.1	2:35.9
3	156	SVILĀNE-DŪDA Valentīna	42:56.3 (3)	44:23.5 (2)	1h27:19.8	4:08.6
4	168	BEĻAKOVA Līgita	43:08.8 (4)	46:25.8 (4)	1h29:34.6	6:23.4

VN3 10 km (5 km x 2)

1	159	DĪCIS Uldis	33:34.9 (1)	34:49.2 (1)	1h08:24.1	
2	118	CIRCENS Janis	34:58.8 (2)	37:26.6 (2)	1h12:25.4	4:01.3
3	133	ŽUGRIS Aivars	36:11.4 (3)	38:04.1 (3)	1h14:15.5	5:51.4
4	140	VECENĀNS Arnis	38:10.2 (4)	40:06.8 (4)	1h18:17.0	9:52.9



Latvijas Čempionāta nūjošanā 3. posms
Iešanas sacensības 2. posms
Aglona, 2025
Sector times

Rank	Bib	Name	Sector 1 (Rank)	Sector 2 (Rank)	Time	Gap
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SN4 10 km (5 km x 2)

1	129	ŠIRVE Dzidra	40:58.4 (1)	42:11.7 (1)	1h23:10.1	
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VN4 10 km (5 km x 2)

1	122	PUŠNAKOVS Feoktists	33:35.4 (1)	34:57.5 (1)	1h08:32.9	
2	170	APŠENIEKS Ēriks	39:43.2 (2)	40:06.4 (2)	1h19:49.6	11:16.7
3	183	JUKĀMS Ēriks	39:54.0 (3)	41:43.3 (3)	1h21:37.3	13:04.4

VI1 10 km (5 km x 2)

1	205	MEIRULIS Lauris	34:12.9 (1)	35:52.8 (1)	1h10:05.7	
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SI2 10 km (5 km x 2)

1	181	VOICESČUKA Iveta	41:07.9 (1)	42:45.8 (1)	1h23:53.7	
2	193	JAUDZEMA Larisa	42:58.7 (2)	44:21.8 (2)	1h27:20.5	3:26.8

VI2 10 km (5 km x 2)

1	180	VOICESČUKS Aigars	41:08.8 (1)	42:44.7 (1)	1h23:53.5	
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