









We are pleased to invite the Nordic Walking athletes of your country to participate in the INWA Nordic Walking World Cup event in Carnikava, Latvia (30 km from the capital Riga). Participation is allowed for all the citizens of the countries where INWA has a member organization.

Registration and additional information by e-mail: Mrs. Galina Gorbatenkova: <u>ltsa@riga.lv</u> and CC INWA Office <u>info@inwa-nordicwalking.com.</u>

14th of July, 2018

Venue

Carnikava, Latvia

Registration

Distances

Race start time

Race Categories

distance 21km from 10:00 till 10:45

5 km, 10 km from 11:00 till 11:45

21km start at 11:00 am 5km, 10 km start at 12:00 am

- \Box Junior under 20 years old
- □ Adult A. 21 39 years old
- Adult B 40 59 years old
- □ Senior 60+ years old
- Team competitions in each categories (4 members in teams, at least one male)

5 km race – no division by age categories (only female/male categories)

Early bird fee and deadline (if registered till 7th of July) Please complete ANNEX 1

Late registration fee and deadline (if registered from 8th of July to of 13th of July)

- 25 EUR/person for 21 km race, 10 km race
- 15 EUR/person for 5 km race
- > 35 EUR/person for 21 km race, 10 km race
- 25 EUR/person for 5 km race

Participation fee includes: transport from Riga to Carnikava and back, souvenir, participation in the race, soup

LTSA bank details:

Subject: INWA Nordic Walking World Cup participation fee 2017

Account holder: Latvian Sport for All Association Registration Number 40008022133 Address: Valnu street 32, Riga LV - 1050 Bank: Swedbank AS IBAN: LV75HABA0551034016276 SWIFT: HABALV22

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